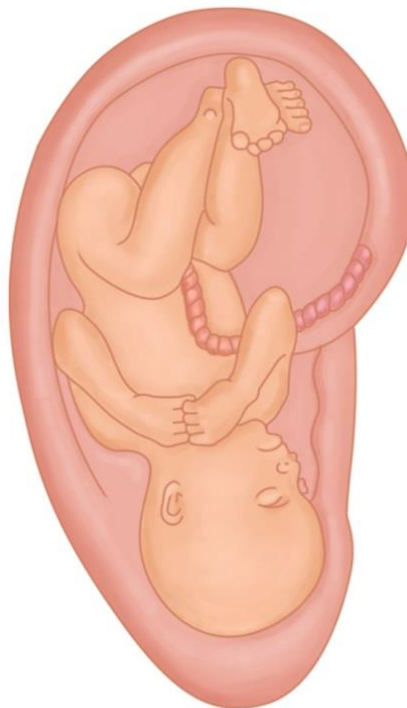




# *Hears to Your Inner Doctor: Understanding Your Ear Control Panels*

[www.CenterForHealingByDesign.org](http://www.CenterForHealingByDesign.org)



Compiled by Lisa K.Y. Wong, L.Ac.

CENTER FOR HEALING BY DESIGN

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# Introduction

Do you know that your ears are not only for hearing, holding your glasses up, and now-a-days for keeping your COVID mask in place? You would be surprised to know that your ears speak a language of their own about your health and well-being.

According to the World Health Organization (WHO), auricular medicine is recognized as a comprehensive medical system that uses the ears as tools for diagnosing and treating health conditions of the whole body, not just the ears. Auricular Medicine was founded by Dr Li-Chun Huang, OMD. Based on Auricular Medicine concepts, the “Ear Control Panel” is a part of the Healing By Design Self-Care Technology developed by Lisa K.Y. Wong, L.Ac. for the purpose of self-care and self-healing for the general public.

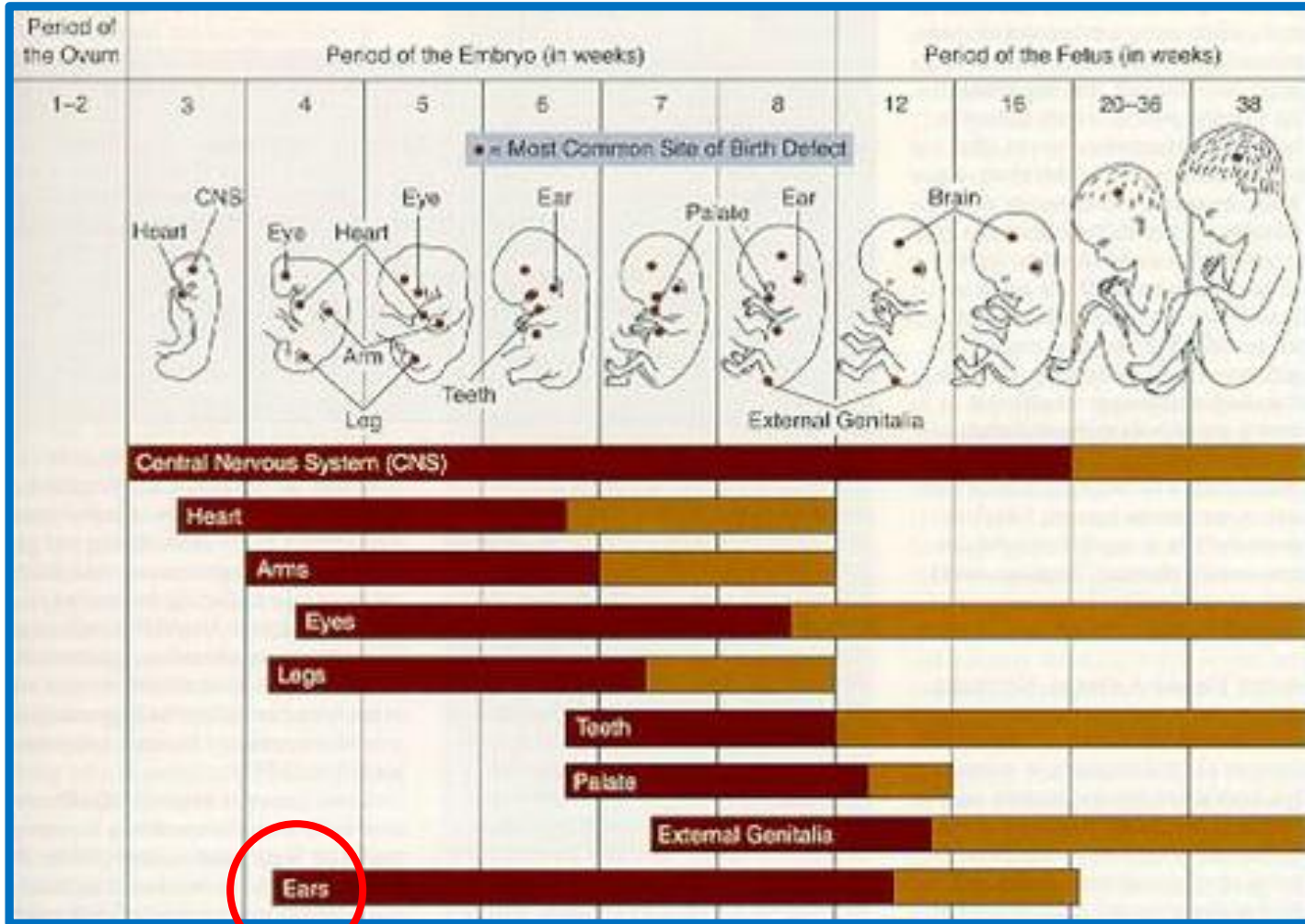
The effectiveness of Auricular Medicine has been proven by many clinical and basic research. Over 200 diseases and 500 symptoms have been proven to diagnosed and treated by Auricular Medicine. (Source: [Auricular Medicine](#))

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# Embryo Development



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# Your Ear Control Panel

**It's your Living Medical Record**

**It's your Early Warning System**

**It's your Switch Board with  
Healing Toggle Buttons**

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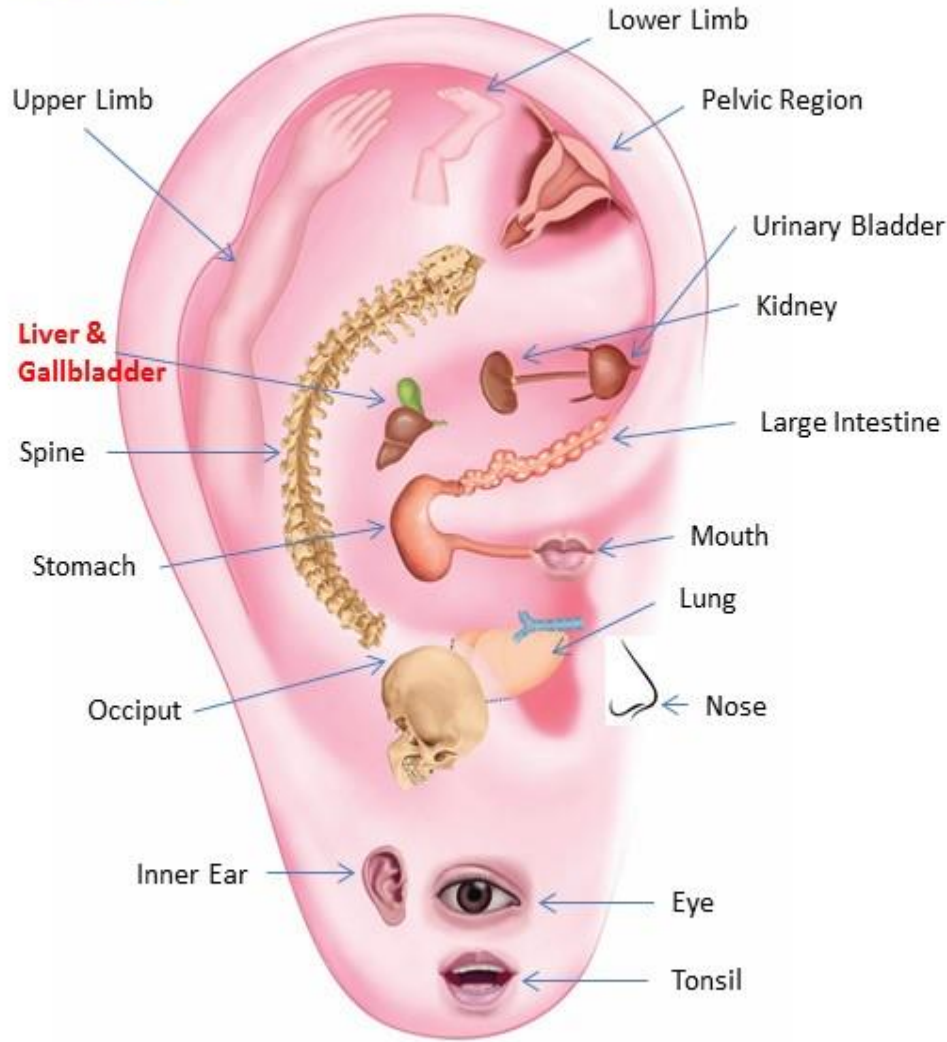


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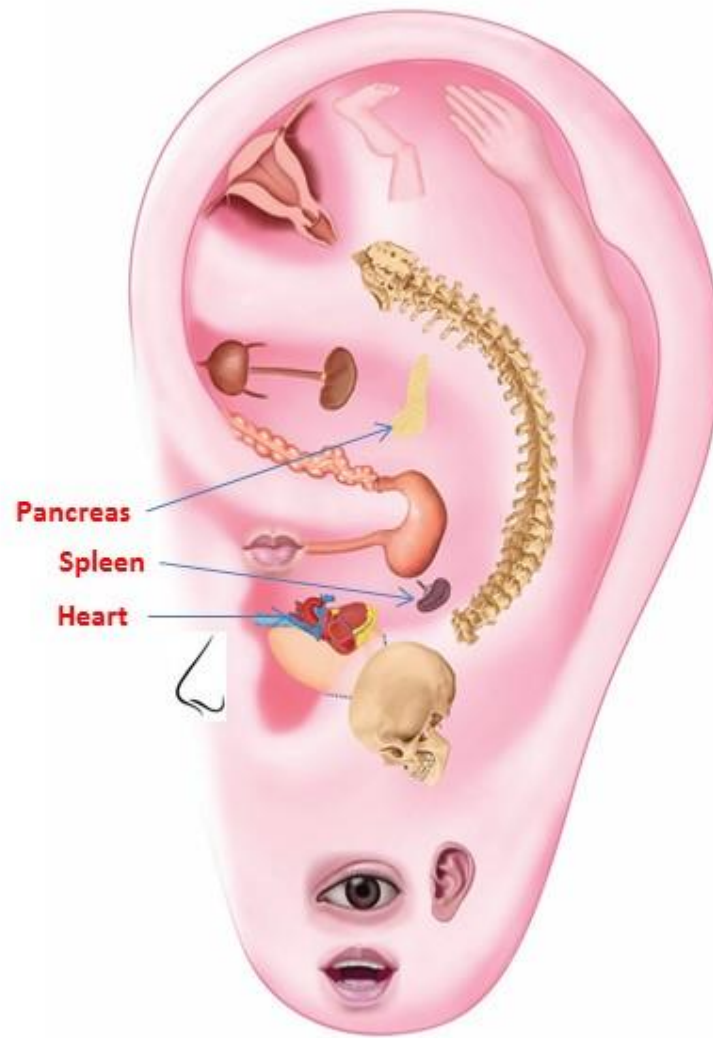
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# Ear Control Panel



Right



Left





## Dialogue with Your Inner Doctor

### Comprehensive Health Checkup Through Reading Your Ear Control Panels

Now you can get a professional reading of your ears to find out:

- Whether you have gout, gall bladder stones, kidney stones, ovarian cysts, enlarged prostate, or inflammation in any part of your body, and more...
- The health of all 14 systems in your body
- (Immune, Neurological, Endocrine, Cardiovascular, Respiratory, Digestive, Abdominal Cavity, Liver, Gallbladder & Pancreas, Five Sense organs, Musculoskeletal, Reproductive, and Urinary system)
- Early warning of problems even before they are detectable by CT or MRI or Ultra Sound
- Immediate results, no waiting for days
- At a fraction of regular whole-body imaging exam cost



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# What is Auricular Medicine?

Auricular Medicine is a highly developed system of diagnosis and treatment, integrating both Chinese and Western Medicine, discovering ailments anywhere in the human body by expertly examining the ear, which the well-trained practitioner can accurately determine symptoms and root causes of diseases.

Auricular Medicine is recognized by the World Health Organization (WHO) in 1997 as a comprehensive medical system.

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# Ear Reading Testimonials

- [Gina of California](#)
- [JoyGrace of Florida](#)
- [Werner and Heshie of Pennsylvania](#)
- [Megan of California](#)
- [Michael Chang, MD of California](#)

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# Lisa K.Y. Wong, L.Ac.

**Experience:** Licensed Acupuncturist, Vegan and has gone through health challenges herself living this lifestyle, practicing since 2009

**Credentials/Degrees:** Licensed Acupuncturist, Master Auricular Medicine Practitioner, M.S. in Traditional Chinese Medicine, B.S. Computer Science

**Testimonials/Endorsements:** [Berny Dorhmann](#) (Chairman of CEO Space International), [Dave Vanhose](#) (CEO/Founder of Speaking Empire), [Werner Berger](#) (Guinness Book Record Holder), [Ron Brown](#) (Olympic Champion/NFL Superbowl Star)

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**Awards/News Coverage:** High Performance Practitioner Award from Kaiser Permanente, Founder of Vegan Entrepreneurs Silicon Valley, first US chapter of global Vegan Entrepreneurs Network, [Supreme Master TV 3-Part The Magic of Auricular Medicine Series](#)

**Books/Columns/Blogs/Podcasts:** Creator of Healing by Design™ Self-Care Technology, *Pocket Guide to Your Body's Control Panel*, *Healing by Design Self-Care Guide: Relieving Headaches in Minutes* (eBook)

**Other:** Guest on podcasts – [Discover Health with Dr. Trish Murray, D.O.](#), [Nu Wellness TV with Dr. Cherilyn Lee](#), [Asian Women of Power with Kimchi Chow](#), first vegan acupuncturist to climb Mount Kilimanjaro, founder of Climb Every Mountain Self-Care Movement